

M3 Clinic

P: 208-765-1770

F: 208-765-9103

Jeffrey J. Larson, M.D.

Holly Moore, NP-C

Date: _____

Referring Physician: _____ **Phone:** () _____ **Fax:** () _____

Family Physician: _____ **Phone:** () _____ **Fax:** () _____

Pharmacy Name: _____ **Address:** _____

Patient (Legal) Name: _____
First MI Last

Mailing Address: _____
City State Zip

Physical Address: _____
City State Zip

Home Ph: () _____ **Cell/Work:** () _____ **Email:** _____

Perferred Communication: _____

SSN: _____ **Date of Birth:** _____ **Age:** _____ **Sex:** _____ Male _____ Female

Marital Status: _____ **Preferred Language:** _____

Race: (circle one) American Indian/Alaska Native Asian Black/African American Native Hawaiian/Other Pacific Islander White Unknown

Ethnicity: (circle one) Hispanic/Latino Not Hispanic/Latino Unknown Other

Employer: _____ **Occupation:** _____

Employers Address: _____ **Phone:** () _____

In case of a medical emergency, who would you like us to notify?

Name: _____ **Phone:** _____

Relationship: _____

Is this visit a result of an injury? Yes / No **Date of Injury:** _____

Is this work related? Yes / No **Other:** _____

Attorney (if applicable): _____ **Attorney Ph:** () _____

Insurance Information: To be used for commercial insurance payers with OON benefits, ancillary services and authorization.

Medicare/Medicaid Patient Only: Opt Out of Medicare/Medicaid is a contract between the provider, beneficiary, and Medicare where the provider or beneficiary does not file a claim to Medicare. The provider and the beneficiary (patient) will enter into a private contract that is to be executed prior to any services rendered.

Primary Insurance Company: _____ Phone: _____

Name of the Primary on Insurance: _____ Soc. Sec. Number: _____

Date of Birth for Primary on Insurance: _____ Relationship to Patient: _____

Insurance Address: _____

Policy #: _____ Group #: _____

Does your insurance require pre-authorization for visits to a doctor? ☐ Yes ☐ No

Secondary Insurance Company: _____ Phone: _____

Name of Insured: _____ Soc. Sec. Number: _____

Insurance Address: _____

Policy #: _____ Group #: _____

Does your insurance require pre-authorization for visits to a doctor? ☐ Yes ☐ No

Worker's Compensation/Motor Vehicle Information:

Carrier: _____ Claim #: _____

Claim Office Address: _____

Adjuster: _____ Phone: _____

Date of Injury: _____ Employer: _____

Are you represented by an attorney? ☐ Yes ☐ No

Name of attorney: _____ Phone: _____

Inverse Limits LLC DBA M3 Clinic

Policies Acknowledgement Form

Please read the following information regarding your care and patient responsibility at M3 Clinic. You will be asked to sign on the second page indicating you have read and understand the policies, procedures and your financial responsibility as a patient.

Patient Name: _____

DOB: _____

Patient Financial Responsibility

M3 Clinic appreciates the confidence you have shown in choosing us to provide for your health care needs. The service(s) you have elected to participate in implies a financial responsibility on your part. The responsibility obligates you to ensure payment in full of our fees.

M3 Clinic is not contracted with any insurance companies. Upon request, we will provide you with the necessary information for you to submit the charges to your insurance company.

Payment for services are due at the time of service. Forms of payment—Cash, Check, and Credit Card (Visa, Mastercard, Amex).

Prescription Refill Policy

M3 Clinic providers will not fill prescriptions after set hours or on weekends. Prescriptions will need to be picked up in the office by the patient, unless the patient has notified the office in writing of their request to allow another individual to pick up the prescription. In those instances, the authorized individual will need to bring in their ID in order to pick up the prescription. Patient's picking up their own prescription will also need to bring a valid photo ID in order to pick up the prescription. It is your responsibility as a patient to manage when you will need a refill and notify the office in a timely fashion. Refills for non-narcotic medications should be phoned into the pharmacy to request any needed refills. Prescription refills will only be filled in accordance with the office policy (which is posted and may be subject to change). Please take time at each office visit to ensure that you are current on any prescription policy changes (both state mandated and internal).

Cancellation/ No Show Policy

We understand there may be times when you miss an appointment due to emergencies or obligations to work or family. However, we urge you to call 24-hours prior to cancelling your appointment. Patient's who "no show" without advance warning for two consecutive appointments may be discharged from care. M3 Clinic will notify you in writing, via certified mail, if you are discharged from care.

Self Referral Notice (Pleasant View Surgical Center)

Pursuant to Section 6002 of the Patient Protection and Affordable Care Act (PPACA), with respect to transparency reports and reporting of physician ownership or investment interests, M3 Clinic would like you to be aware that Pleasant View Surgery Center is owned in part by physicians. Jeffrey Larson, M.D. is part owner in the surgery center. M3 Clinic providers may choose to refer you to have your procedure done at Pleasant View Surgical Center and may also be performing your procedure in connection with your referral. Please discuss this matter with your physician so that you may exercise your right to be treated in another health care facility if desired. Upon your request, your physician will provide names and addresses of alternative facilities where you may go to obtain services.

Consent for Treatment and Authorization to Release Information

I am aware that by signing below, I authorize M3 Clinic, through its appropriate personnel, to perform or have performed upon me, or the above named patient, appropriate assessment and treatment procedures.

I also authorize M3 Clinic, to release to appropriate agencies, any information acquired in the course of my or the above named patient's examination and treatment.

To help protect our patient's privacy, M3 Clinic requires patient's to sign a medical records release prior to releasing any records. We understand that there are situations where another medical provider might need pertinent information in order to expedite your medical care. To help you receive timely care, M3 Clinic will release medical information via verbal and written requests from other physician's offices without a signed release.

By signing below, I am aware that M3 Clinic will do their best to protect my confidential information, but I understand that it is possible for someone to misrepresent themselves by telephone and/or forgery and that my right to privacy may be compromised.

Patient Initials: _____

Date: _____

Inverse Limits LLC DBA M3 Clinic

Policies Acknowledgement Form

Notice of Privacy Practices (HIPAA)

We keep a record of the health care services we provide you. You may ask to see and copy that record. You may also ask to correct that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. You may see your record or get more information about it by contacting Lisa R. Tansy, Administrator. Our Notice of Privacy Practices (HIPAA) describes in more detail how your health information may be used and disclosed, and how you can access your information. If you would like a copy for your records you may request one from the front desk.

I hereby authorize that I have read the M3 Clinic Policies Acknowledgement Form in its entirety (2 pages) and understand my responsibilities and options as a patient.

Patient Signature: _____

Date: _____

Guarantor Signature : _____

Date: _____

(if guarantor is not the patient)

CONSENT TO OBTAIN PATIENT MEDICATION HISTORY

Patient medication history is a list of prescription medicines that our practice providers, or other providers, have prescribed for you. A variety of sources, including pharmacies and health insurers, contribute to the collection of this history.

The collected information is stored in the practice electronic medical record system (EHR/EMR) and becomes part of your personal medical records. Medication history is very important in helping healthcare providers treat your symptoms and/or illness properly and in avoiding potentially dangerous drug interactions.

It is very important that you and your provider discuss all your medications to ensure that your recorded medication history is 100% accurate. Some pharmacies do not make drug history information available, and your drug history might not include drugs purchased without using your health insurance. Also, over-the-counter drugs, supplements, or herbal remedies that patients take on their own may not be included.

I give my permission to allow my healthcare provider to obtain my medication history from my pharmacy, my health plan(s), and my other healthcare provider(s).

Patient/Parent/Guardian Signature

Date

Printed Name

Relation

By signing this consent form, you are giving your healthcare provider permission to collect and give your pharmacy and health insurer permission to disclose information about your prescriptions that have been filled at any pharmacy or covered by any health insurance plan. This includes prescription medicines to treat AIDS/HIV and medicines used to treat mental health issues such as depression.

AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION

Completion of this document authorizes the disclosure and/or use of health information about you. Failure to provide *all* information requested may invalidate this Authorization.

Name of patient: _____ Date of Birth: _____

USE AND DISCLOSURE OF HEALTH INFORMATION

I hereby authorize: Inverse Limits LLC DBA M3 Clinic to release to:

(Persons/Organizations authorized to *receive* the information) (Address, street, city, state, zip code)

The following information:

- a. ☐ All health information pertaining to my medical history, mental or physical condition and treatment received – **OR**
- ☐ Only the following records or types of health information (including any dates):

b. I specifically authorize release of the following information (check as appropriate):

- ☐ Mental health treatment information¹ (A separate authorization is required to authorize the disclosure or use of psychotherapy notes.)
- ☐ HIV test results
- ☐ Alcohol/drug treatment information

PURPOSE

Purpose of requested use or disclosure: ☐ Patient request; **OR** ☐ Other

EXPIRATION

This Authorization expires _____:
(Date)

MY RIGHTS

I may refuse to sign this Authorization. My refusal will not affect my ability to obtain treatment or payment or eligibility for benefits.²

I may inspect or obtain a copy of the health information that I am being asked to allow the use or disclosure of.

I may revoke this authorization at any time, but I must do so in writing and submit it to the following address:

3320 N Grand Mill Lane, Coeur d'Alene, ID 83814

My revocation will take effect upon receipt, except to the extent that others have acted in reliance upon this Authorization.

I have a right to receive a copy of this Authorization.³

Information disclosed pursuant to this authorization could be re-disclosed by the recipient. Such re-disclosure is in some cases not protected by state law and may no longer be protected by federal confidentiality law (HIPAA).

If this box ☐ is checked, the Requestor will receive compensation for the use or disclosure of my information.⁴

SIGNATURE

Date: _____

Time: _____ am/pm

Signature: _____

(Circle one: patient / representative / spouse / financially responsible party)

If signed by someone other than the patient, state your legal relationship to the patient: _____

Witness: _____

¹ If mental health information covered by the Lanterman-Petris-Short Act is requested to be released to a third party by the patient, the physician, licensed psychologist, social worker with a master's degree in social work or marriage and family therapist, who is in charge of the patient must approve the release. If the release is not approved, the reasons therefore should be documented. The patient could most likely legally obtain a copy of the record himself or herself and then provide the records to the third party, however.

² If any of the HIPAA-recognized exceptions to this statement apply, then this statement must be changed to describe the consequences to the individual of a refusal to sign the authorization when that covered entity can condition treatment, health plan enrollment, or benefit eligibility on the failure to obtain such authorization. A covered entity is permitted to condition treatment, health plan enrollment or benefit eligibility on the provision of an authorization as follows: (i) to conduct research-related treatment, (ii) to obtain information in connection with a health plan's eligibility or enrollment determinations relating to the individual or for its underwriting or risk rating determinations, or (iii) to create health information to provide to a third party or for disclosure of the health information to such third party. Under no circumstances, however, may an individual be required to authorize the disclosure of psychotherapy notes.

³ Under HIPAA, the individual must be provided with a copy of the authorization when it has been requested by a covered entity for its own uses and disclosures.

⁴ The requestor is to complete this section of the form.

New Patient Intake Information

***By initialing here, I understand that, although not required, filling out the non-mandatory information asked will help facilitate my consultation.**

Initials ____ Date _____

Name: _____ Preferred Name: _____
Title _____ Age _____ Gender _____

How did you find/get referred to Dr. Larson - CDA Spine? _____
Explain: _____

Description of Condition:

Symptoms/pain/condition developed: _____ Date of symptom onset: _____
Brief description of condition: _____

Is your condition the result of an injury? Yes ____ No ____

Work injury: Yes ____ No ____ What state? _____

Do you have an open claim? Yes ____ No ____

Insurance Company: _____ Claim # _____

Claims Manager: _____ Attorney _____

Brief injury description: _____

Motor Vehicle Accident: Yes ____ No ____

Auto Insurance Co.: _____ Attorney: _____

Explain: _____

Other Injury: _____

About your current condition:

Pre-condition level of function: _____

Current condition level of function: _____

Goal condition level of function: _____

What activities do you, or would you like to do? _____

On a scale of 1-10 (1 least, 10 worst) what is your average pain? _____

On a scale of 1-10 (1 least, 10 worst) what is your worst pain? _____

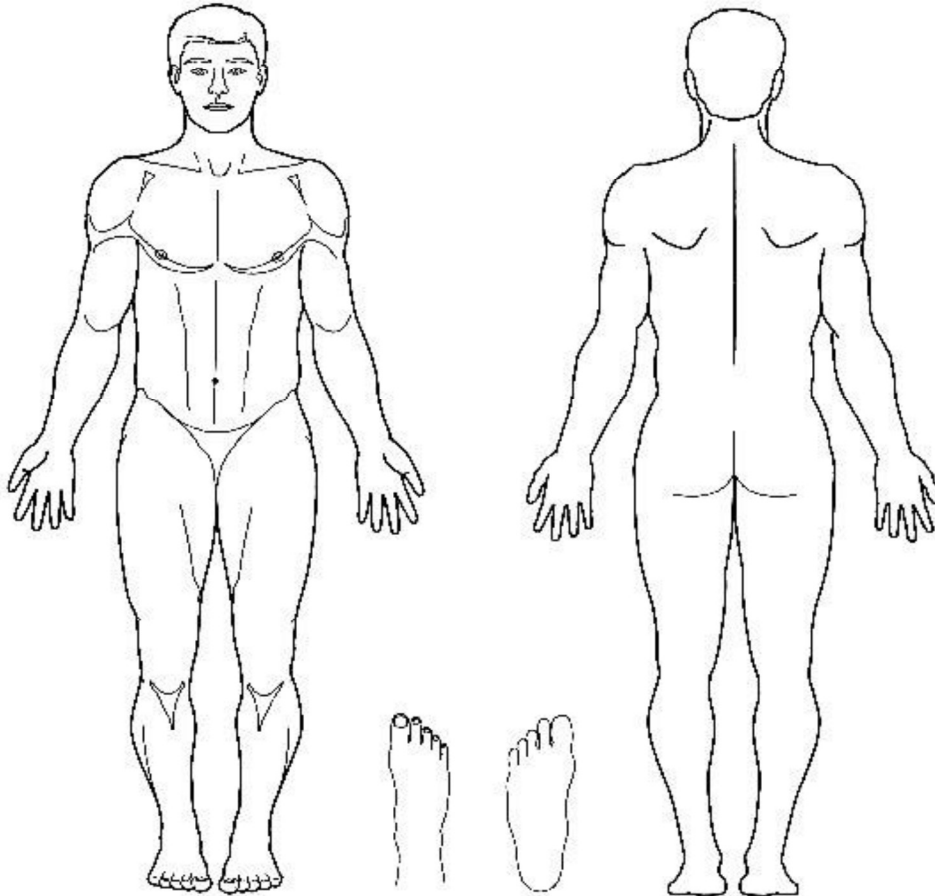
On a scale of 1-10 (1 least, 10 worst) what is your current pain? _____

Please use the following key to shade in the distribution of your pain on the figures:

Numbness

Pins and Needles 00000000

Pain //////////////



Describe your pain: (check all that apply): ☐ Constant ☐ Intermittent ☐ Dull ☐ Sharp ☐ Throbbing
☐ Burning ☐ Tingling ☐ Aching. ☐ Stabbing ☐ Shooting ☐ Electrical
☐ Other (explain) _____

What aggravates your pain? (check all that apply): ☐ Bending forward ☐ Bending backward
☐ Sitting ☐ Standing ☐ Walking ☐ Laying down ☐ Looking up ☐ Looking down ☐ Turning head right
☐ Turning head left ☐ Twisting right ☐ Twisting left ☐ Cough/ sneeze ☐ Lifting ☐ Pushing/pulling
☐ Other (explain) _____

What helps your pain? (check all that apply): ☐ Laying ☐ Sitting ☐ Standing ☐ Changing position
☐ Physical Therapy ☐ Chiropractic ☐ Massage ☐ Acupuncture ☐ Heat ☐ Cold ☐ Muscle relaxers
☐ Pain medications (list in medication section) ☐ Nothing
☐ Other (explain) _____

Have you experienced new bowel or bladder problems? Yes ___ No ___

Have you had any of the following imaging for the current problem? Yes ___ No ___

☐ X-rays ☐ CT scan ☐ MRI ☐ Bone scan

Name/address/phone number of Imaging Center:

Have you had any of the following treatments/tests for the current problem?

☐ Diagnostic Spinal Injections e.g. ☐ Epidural/ESI ☐ Facet joint ☐ Intervertebral disc ☐ SI joint

☐ Nerve block ☐ EMG/NCVs

☐ Orthopedic Injections ☐ Arthrogram

If yes, explain: _____

Have you had documented PT and/or Chiropractic treatment for your condition? Yes ___ No ___

Which treatment(s)? _____

When was the most recent documented treatment? _____

How long was the treatment? _____

Name and address of where you had the treatment?

Have you had any of these treatments for your condition?

☐ Acupuncture ☐ Massage ☐ Home/gym exercises ☐ Cervical traction ☐ Lumbar decompression

Have you had the following treatments?

Surgery: Yes ___ No ___ Description: _____

Spine Injection(s): Yes ___ No ___ Description: _____

Stem cell/PRP/Regenerative Injection: Yes ___ No ___ Description: _____

Joint Injection(s): Yes ___ No ___ Description: _____

Have you tried the following medications? Please check all that apply.

☐ Narcotics ☐ Lortab ☐ Hydrocodone ☐ Oxycodone ☐ Oxycontin ☐ Ultram ☐ Vicodin ☐ Percocet
☐ Norco ☐ Fentanyl ☐ Dilaudid ☐ Methadone ☐ Other _____

☐ Anti-inflammatories ☐ Ibuprofen ☐ Aleve ☐ Naproxen ☐ Mobic ☐ Celebrex ☐ Diclofenac ☐ Steroids
☐ Other _____

☐ Muscle relaxants ☐ Soma ☐ Flexeril ☐ Carbamazepine ☐ Zanaflex ☐ Skelaxin

☐ Robaxin/Methocarbamol ☐ Other _____

☐ Neuropathic drugs ☐ Neurontin/Gabapentin ☐ Lyrica ☐ Other _____

☐ Anti-depressants ☐ Paxil ☐ Zoloft ☐ Nortriptyline ☐ Amitriptyline ☐ Other _____

Are you on a pain medication contract? Yes ___ No ___

With whom? _____

Are you currently taking any blood thinning/anticoagulation medications? Yes ___ No ___

If yes which medication(s)? ☐ Coumadin ☐ Warfarin ☐ Pradaxa ☐ Plavix ☐ Aggrenox ☐ Aspirin

☐ Eliquis ☐ Flax seed oil ☐ Fish Oil ☐ Other _____

Do you use GLP-1 (Semaglutide, Ozempic, Tirzepatide, Mounjaro, Trulicity)? Yes ___ No ___

***If yes, anesthesia requires that you stop 10 days before any surgery.**

Current Medications:

Medication Allergies: Yes ___ No ___

☐ Iodine ☐ Contrast dye ☐ Steroids ☐ Local Anesthetics ☐ Latex

☐ Other: _____

☐ Allergic Reaction that occurred: _____

Medical History: Please check the following medical problems you have now, or have had:

- | | | | |
|---|---|---|--|
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Easy bleeding | <input type="checkbox"/> Osteoarthritis. |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Colon disease | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Kidney disease |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Migraines | <input type="checkbox"/> Hepatitis/HIV | <input type="checkbox"/> Bladder problem |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Depression | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Lung Disease |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Rheumatoid arthritis | <input type="checkbox"/> Vascular Problems |
| <input type="checkbox"/> Diabetes Type 1 (insulin dependent) <input type="checkbox"/> Diabetes Type 2 | | | |
| <input type="checkbox"/> Parkinson's Disease <input type="checkbox"/> Dementia <input type="checkbox"/> Alzheimer's Disease | | | |
| <input type="checkbox"/> Other: _____ | | | |

Cardiac History: Yes ___ No ___. **If yes, check those that apply.**

- ☐ Hypertension ☐ Coronary Artery Disease (CAD) ☐ Myocardial Infarction (MI) ☐ Atrial Fibrillation
☐ Congestive Heart Failure (CHF) ☐ Cardiac stents ☐ Peripheral stents ☐ Mitral Valve Prolapse
☐ Aortic Stenosis ☐ Aortic Valve Disease ☐ Mitral Valve Disease ☐ Pacemaker ☐ Defibrillator
☐ AAA (Abdominal Aortic Aneurysm) ☐ Abnormal Heart Rhythm ☐ Heart Palpitations ☐ Heart murmur

Other heart conditions: _____

Have you had an Echocardiogram? Yes ___ No ___

When and where? _____

Pulmonary History: Yes ___ No ___

If yes, check those that apply.

- ☐ Asthma ☐ COPD ☐ Emphysema ☐ Oxygen Dependency ☐ Home Oxygen(O2) ☐ Sleep apnea ☐ CPAP
☐ Tuberculosis ☐ Dental Appliance
☐ Other lung conditions: _____

Have you had previous back or neck problems? Yes ___ No ___

Explain: _____

Have you received care from a mental health professional? Yes ___ No ___ ☐ Still seeing ___

Have you ever had an infection with MRSA? Yes ___ No ___

Have you had COVID-19? Yes ___ No ___ How many times? ___

Surgical History:

Have you had Spine Surgery? Yes ___ No ___

- ☐ Cervical ☐ Thoracic ☐ Lumbar ☐ Laminectomy ☐ Discectomy ☐ Cervical Fusion ☐ Cervical ADR
☐ Lumbar Fusion ☐ Lumbar ADR ☐ Scoliosis Surgery ☐ Other

Description: _____

Surgeon(s) _____

Have you had Orthopedic Surgery? Yes ___ No ___

- ☐ Shoulder ☐ Elbow ☐ Wrist ☐ Hand ☐ Hip ☐ Knee ☐ Ankle ☐ Foot ☐ Other _____

Have you had any anesthesia complications? Yes ____ No ____

Explain: _____

Family History: Please check those illnesses that your family members have had

	Hypertension	Diabetes	Neurologic Problems	Heart Disease	Cancer	Arthritis
Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Siblings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grandparents	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Father: ☐ Living ☐ Deceased (Age) ____ Mother: ☐ Living ☐ Deceased (Age) ____

Social History:

Do you now, or did you ever smoke? Yes ____ No ____ Packs per day? ____ Quit? Yes ____ No ____

Do you drink alcohol? Yes ____ No ____ ☐ Daily ☐ Weekly ☐ Rarely

Do you now, or have you ever had a drug or alcohol problem? Yes ____ No ____

Please explain: _____

Marital Status: _____

Occupational History:

Employer: _____

Job Description: _____

☐ Employed Full Time ☐ Employed Part time ☐ Regular Duty ☐ Light Duty ☐ Retired

☐ Currently off work:

Years at current job: _____ Date last worked: _____

How physically demanding is your job? _____

Rate your current job satisfaction: ☐ Very Satisfied ☐ Satisfied ☐ Indifferent ☐ Dissatisfied

Have you ever been on disability? Yes ____ No ____

Explain: _____

Review of Systems: Please check any of the symptoms you have had during the past year.

<input type="checkbox"/> Fever	<input type="checkbox"/> Chills	<input type="checkbox"/> Unintentional weight loss of >10 #	
<input type="checkbox"/> Rashes	<input type="checkbox"/> Skin infections	<input type="checkbox"/> Itching of skin	
<input type="checkbox"/> Cataracts	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Double vision	<input type="checkbox"/> Loss of vision
<input type="checkbox"/> Ear infections	<input type="checkbox"/> Mouth sores	<input type="checkbox"/> Sore throat	<input type="checkbox"/> Nasal congestion
<input type="checkbox"/> Chest pain	<input type="checkbox"/> Leg swelling	<input type="checkbox"/> Irregular heartbeat	
<input type="checkbox"/> Short of breath	<input type="checkbox"/> Cough	<input type="checkbox"/> Wheezing	
<input type="checkbox"/> Nausea	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Abdominal pain	
<input type="checkbox"/> Blood in urine	<input type="checkbox"/> Painful urination	<input type="checkbox"/> Difficulty urinating	
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Seizures	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Memory loss
<input type="checkbox"/> Face numbness	<input type="checkbox"/> Arm numbness	<input type="checkbox"/> Leg numbness	<input type="checkbox"/> Sudden weakness
<input type="checkbox"/> Joint pain	<input type="checkbox"/> Muscle pain	<input type="checkbox"/> Difficulty walking	
<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Hallucinations	
<input type="checkbox"/> High blood sugar	<input type="checkbox"/> Thyroid disorder	<input type="checkbox"/> Anemia	

The information I have provided in this document is true and accurate to the best of my knowledge.

Patient Signature

Date